The LEADer Within

As a leader one of our greatest challenges is moving beyond our own head trash at times. A leaders commitment to the success of others should be equal to their own, yet to do this, leaders must be comfortable in their own skin. Presence, confidence, navigating conflict, communication, embracing risk, all of these behavioral outcomes are a result of an inner strength that evolves, not out of the mechanics of practice but out of self definition and self acceptance.

"We cannot move away from what we are, until we accept what we are." Carl Rogers

Ergo, we cannot move forward until we accept what and who we are, then positive change can occur. This program is for the leader who seeks a sense of peace, confidence and presence that will move them into a space of genuine influence to the benefit of themselves, their organizations and teams. A 6 week program filled, not with soft underbelly stuff, but with hard challenging stuff –working on yourself. The program begins with a leadership assessment, debrief and development plan. Then each week for 6 weeks, the program addresses key components of leadership, unpacking each on an individual basis to create sustainable shifts or reinforce current strengths. These areas include:

- Looking within: Your vision, values and mission
- Moving beyond scripts, vulnerability and self acceptance
- Overcoming fears, embracing risk
- Empowering others, influence in the absence of power
- Navigating conflict
- > Strategic Decisions and execution

This program will create in you leadership competency that will change the way you engage your teams and your other relationships. For participants, this is a journey filled with personal reflection, collaboration, experiential learning and new relationships that will enable continued sharpening of your leadership beyond the program. It's a commitment to becoming the best leader you can be, are you ready?

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